

Alannah Keisling

Clinical Mental Health Counselor

Licensed Mental Health Counselor. Previous therapist at the private practice Therapy Treatment Team LLC. Previously a Sexual Assault Outreach Counselor at Abuse Counseling & Treatment, Inc. Completed a Master's degree in Clinical Mental Health Counseling at Florida Gulf Coast University. Graduate Research Assistant for Fall 2018. Master's Intern at Counseling & Psychological Services (CAPS) for two semesters. Spring intern at (2nd site) Family Resource Center. Triple major in Psychology, Sociology, and Criminal Justice at Thiel College, Class of 2017.

Authorized to work in the US for any employer

Work Experience

Clinical Mental Health Counselor

Therapy Treatment Team, LLC.-Fort Myers, FL

April 2020 to October 2024

Private practice of mental health counselors who serve Fort Myers, Estero, Naples, and Bonita Springs, Florida. Individual (Adult, Adolescent, Children) therapy sessions available, as well as family counseling, couples counseling, and evaluations.

Sexual Assault Outreach Counselor

Abuse Counseling & Treatment, Inc.-Fort Myers, FL

August 2019 to March 2020

Working with clients of sexual assault, domestic violence, and human trafficking. Assisting in the rape crisis on-call program. Provides crisis intervention, individual, family, and group counseling; enrichment, case management, advocacy, and other related services to victims of sexual assault. Maintains records. Advocate for victims of sexual violence and their families, along with law enforcement and other professionals. Assists survivors with necessary referrals. Give information and assistance with filing compensation claims. Provides follow-up and evaluates the progress of clients.

Master's Intern

Family Resource Center

January 2019 to May 2019

Directly interacting with families for supervised visitations that are court-ordered by a judge. Visitations with counselors allow for children to maintain relationships with both the supervised (non-custodial) parent and the unsupervised parent. Charting and notes during and after visits, consultations with unsupervised parents after supervised visits to discuss concerns.

Master's Intern - Counseling & Psychological Services

Florida Gulf Coast University

August 2018 to May 2019

Training in intake assessment, report-writing, lethality/risk assessment, record-keeping and scheduling system (Titanium). Videotaped sessions, case conceptualization skills, caseload management, paperwork tasks, professional development, and individual sessions with student clients. Supervision with a doctoral intern as well as a licensed staff member once a week. Case conferences every Wednesday; engaging in professional clinical dialogues regarding their work with clients. Group therapy supervision and experience serving as a co-facilitator for chosen groups. Two outreach programs per semester engaging in the college community.

Research Assistant

FGCU Marieb College of Health & Human Services
September 2018 to December 2018

Graduate research assistant in study "Human Trafficking Recognition Among Health Care Providers and Ancillary Personnel" with two professors in beginning stages of research.

Medical Scheduler

The Woodruff Institute-Bonita Springs, FL
October 2017 to May 2018

Full-time position. Assists patients on multi-line telephone, schedules medical appointments (Medics program and EMA), gathers accurate demographic information and insurance information, registers patients, and verifies insurance eligibility.

Public Safety Dispatcher

Thiel College-Greenville, PA
May 2015 to May 2017

Assisted in police dispatching, switchboard duties for Faculty and Administration, printing Thiel student and faculty identification cards, and scheduling/assigning campus vehicles.

Intern

Shannon Deets Counseling & Associates-Meadville, PA
May 2016 to August 2016

Observed clinical sessions, attended staff meetings, assisted with administrative duties, weekly presentations on assigned topics, and learned different therapy techniques.

Student Admissions Associate

Thiel College-Greenville, PA
September 2014 to August 2016

Student recruitment, tour guide, database analyst

Education

Master's degree in Clinical Mental Health Counseling

Florida Gulf Coast University - Fort Myers, FL
August 2017 to Present

Bachelor's in Psychology, Sociology, and Criminal Justice

Thiel College - Greenville, PA
August 2013 to May 2017

Skills

- CPR First Aid (Less than 1 year)
- Psychological First Aid
- Narcan Training
- Supervision Training
- Organizational Skills

- Documentation
- Outlook
- Case Management
- Individual / Group Counseling
- Clinical Counseling
- Crisis Intervention
- Motivational Interviewing
- Mental Health Counseling
- Group Therapy
- Couples Counseling
- Mental health counseling
- Telehealth
- Psychotherapy

Links

<https://www.linkedin.com/in/alannahkeisling/>

Certifications and Licenses

Gottman Level 1 Certified

Prepare/Enrich Certified

Driver's License

First Aid Certification

CPR Certification

LMHC

Present

Additional Information

Completed the Marriage & Family (3 course) classes at Florida Gulf Coast University.